

Calendar of Events

Here's where to find us this month!

We hope you'll join us!



CHESTNUT

CHESTNUT FAMILY HEALTH CENTER

HEALTH SYSTEMS

MONDAY, JULY 22 | 11 A.M. - 4 P.M.

Chestnut Family Health Center Mobile Health Unit Salvation Army, <u>611 W. Washington St., Bloomington</u> Primary care services for babies, children, and adults. Appointments recommended. Call Sean, Community Health Worker, for an appointment 309.434.8608.



MONDAY, JULY 22 | 5:30 - 6:30 P.M.

Yoga for Recovery | Chestnut Family Health Center Community Room, <u>702 W. Chestnut St., Bloomington</u> This FREE yoga class is designed to help you move through challenges and celebrate successes. Prior registration required.





WEDNESDAY, JULY 24 | 5:30 - 6:30 P.M.

Yoga for Recovery | Chestnut Family Health Center Community Room, <u>702 W. Chestnut St., Bloomington</u> This FREE yoga class is designed to help you move through challenges and celebrate successes. Prior registration required.





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FORGET

WEDNESDAY, AUGUST 7 | 1 - 5 P.M.

West Bloomington Wellness Fair | Follow the Yellow Brick Road to Good Health at this FREE event! Talk to health experts, connect with local resources, visit a FREE Farmer's Market, and enjoy a FREE meal from Annie's Eats. Learn more at <u>chestnut.org/wellness-fair</u>

Schedule your back-to-school physicals and dental exams!

Call 309.557.1400 to make an appointment.